ST. JOSEPH'S CATHOLIC CHURCH

360 Park Ave., Cayucos, CA, 93430 | Office: 10 a.m. to 3 p.m. Mon.-Fri.

Mass Times | Sundays at 10 a.m. | Saturdays at 5 p.m. | Weekdays at 9 a.m.
Spanish Mass at 6:30 p.m. on Thursdays | Rosary at 8:30 a.m. on weekdays
Adoration on Fridays after 9 a.m. Mass | Reconciliation on First Saturdays at 4 p.m.

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February 8, 2026

Fifth Sunday in Ordinary Time

MASS INTENTIONS

Sun.	**8**	+James Michael Pahler
Mon.	**9**	For All People
Tue.	**10**	St. Joseph's Parishioners
Wed.	**11**	Don Hannula
Thu.	**12**	Anna Scott
Thu. Sp.	**12**	Las Benditas Almas del Purgatorio
Fri.	**13**	Steve Veyna
Sat.	**14**	Margaret Veyna
Sun.	**15**	+Raymond Evans

MASS READINGS

February 8, 2026

Isaiah 58: 7-10

Psalm 112: 4-5, 6-7, 8-9 (4a)

1 Corinthians 2: 1-5

Matthew 5: 13-16

Presidents' Day: The parish office will be closed on **Feb. 16** for the holiday.

Message from a Priest

Dear Parishioners of Saint Joseph's and all who are visiting with us,

This Sunday's Gospel offers us two simple images from Jesus: salt and light. They are ordinary things, yet He uses them to tell us something direct about who we are called to be.

Salt is not only for flavor. For a long time, salt was used to preserve food. It kept food from spoiling and protected what was good from being lost.

That helps us understand what Jesus means when He tells His disciples, "You are the salt of the earth." In a world where it is easy to become harsh, careless, or indifferent, the Lord calls His people to help preserve what is good: respect, honesty, patience, family love, and a willingness to forgive. These qualities often go unnoticed, yet without them, a community begins to break down.

Many of our elders have seen this over the years. You know what happens when people stop valuing what matters most. You also know how much good faith and goodness can accomplish. Your presence, your prayers, and your example mean more than you may realize.

Jesus also says, "You are the light of the world." When Jesus calls us "light," He's referring to how our faith becomes visible in daily life. It shows in how we welcome people, how we serve, how we speak to one another, and how we treat someone having a hard week. Light isn't about perfection. It's about being kind even in small things.

I also want to say thank you. Thank you to those who support our parish through your weekly giving, and to those who give their time through volunteering. Some of you serve quietly in ways most people never see. Some of you step in when help is needed. All of it matters. It keeps this parish strong and our mission going.

To our visitors, welcome. I hope you experience St. Joseph as a place where people are treated with care and where faith is lived simply.

This week, I encourage all of us to carry one thought with us: the Lord can use our ordinary choices to protect what is good and to bring light into someone else's day.

With my prayers,
Fr. Martel

Pray for Father Pedro

Please keep praying for Father Pedro. Send get-well cards to 360 Park Ave., Cayucos, CA, 93430, to be given to him.

Volunteer to Cook Soup

Volunteers are needed to cook soup to serve after Stations of the Cross on Fridays during Lent. Please sign up on the sheet on the counter of the kitchen. Volunteers are also needed to set up, serve, and clean up. Thank you for your help!

Food Pantry

The free Food Pantry distributes goods to those in need after 6:30 p.m. Spanish Mass on Thursdays in the church and starting at 10 a.m. on Fridays in the Community Room.

Lent & Easter Schedule

- **Feb. 17:** Burning of Palms after Mass. Please bring old palms to burn for ashes.
- **Feb. 18:** Ash Wednesday. Ashes will be distributed **only** at 9 a.m. Mass and at a 6 p.m. devotional service. There will be **no** additional times for distribution of ashes.
- **Feb. 20 and Fridays of Lent:** Stations of the Cross at 4:30 p.m., then Soup Supper.
- **Mar. 11:** Lenten Penitential Service, 6 p.m.
- **Mar. 29:** Palm Sunday. Mass at 10 a.m.
- **April 2:** Holy Thursday. Mass of the Lord's Supper at 6 p.m. Silent prayer until 9 p.m.
- **April 3:** Good Friday. 1 p.m.: Divine Mercy Devotion; 1:45 p.m.: Rosary; 2:15 p.m.: Stations of the Cross; 3 p.m.: Celebration of the Lord's Passion.
- **April 4:** Holy Saturday. Vigil Mass at 8 p.m. **Please note:** The First Saturday Confessions will not be heard.
- **April 5:** Easter Sunday. Mass at 10 a.m.

PLEASE PRAY FOR THE SICK AND INJURED

Robin Matthews
Narisorn Bognuda
Joanne Tobias
Anne & Glen Bennett
Eleanor Murphy
Vera Palmer
Frank Hlavaty
Bonnie Bowman
Donna Pett
Paul Georghiou
Mallory Hisler
Darlene Kelly
Terry Mulhall
Bill Planansky
Stan Piwowarski
Shanda Bogue
Enid Palk
Joe & Maria Pascoal
Gary & Bonnie Nelson
David Boggs
George Bellinno
Linda Pearson
Rita Marie Ayoob
Alba and Allen Beltrametti
Innette Starkenburg
L. Iacobellis Schantz
Ernie Gambellin
Cassey Schoening
Butch Rambaud
Elvira Camacho
Linton von Beroldingen
John and Mickey Bruno
Tom and Finn Israel
Father Pedro Espinoza
Joanne Gregg
Bill Wetherford
Bill Thomas
Saichai Smith
Jerri Fife
Judy Preuss
Justin White
Plato Sterios
Olivia Chance
Gary Chance
Heidi MacRae
Gertrude Cannon
Marilyn McCurdy
Eric Solum
Keith Hart
Glen Hodges
John Fabiano