Everyday Catholicism

Why Is the Church One, Holy, Catholic, and Apostolic?

During Mass each Sunday we proclaim in the Creed, "I believe in one, holy, catholic and apostolic Church." Those four words are called the marks of the Church. They describe what Christ has given His Church and what He calls her to be. The Church does not make herself one, holy, catholic and apostolic; by the power of the Holy Spirit, Christ makes her so.

The Church is one because she has one Lord, professes one faith, shares one Baptism, and is one Body given life by the Holy Spirit. We worship in many languages and in different rites, and we are still one Church. That unity is visible in the faith we profess, the sacraments we celebrate, and our communion with the Pope and the bishops throughout the world. Whenever Christians are divided, this unity is wounded, and so we pray and work for unity.

The Church is holy because Christ is holy and gave Himself up for her. The Holy Spirit dwells in her and works through her, particularly through the Word of God and the sacraments. This does not mean that every Catholic always lives in a holy way. The Church has sinners among her members, and we all need to repent and receive God's forgiveness. Her holiness comes from Christ, who never stops calling us back and offering us His mercy.

Catholic comes from a word that means "universal." The Church is sent to every nation and can take root in every culture while remaining faithful to the Gospel. The word also means that she possesses the fullness of faith and all the means of salvation Christ wanted for His people. Our parish in Cayucos is united with our bishop and with the Pope, and we belong to the same Church as Catholics around the world and throughout the ages.

The Church is apostolic because Jesus founded her upon the Apostles. She preserves and teaches the faith they received from Christ, and the bishops are their successors, teaching in communion with the Pope, the successor of Saint Peter. She also continues the mission Jesus gave the Apostles: to proclaim the Gospel and make disciples of all nations.

Next Sunday, when we come to this line in the Creed, do not rush past it. Say each word slowly and mean it. Thank Jesus for the Church He has given us, and ask the Holy Spirit to help us live as faithful members of it.

Catechism Connection: Ephesians 4:1-6; Matthew 28:18-20; Catechism of the Catholic Church, nos. 811-870.



ST. JOSEPH CATHOLIC CHURCH

360 Park Ave. · Cayucos, CA 93430 · 805-995-3243
OfficeAdmin@SaintJosephCayucos.org · www.SaintJosephCayucos.org

Twenty-third Sunday in Ordinary Time

"If your brother sins against you, go and tell him his fault between you and him alone. If he listens to you, you have won over your brother."
— Matthew 18:15-20

Mass Intentions

Sat.	05	+Ski Planansky
Sun.	06	+Linda Pearson
Mon.	07	Andrew Ansolabehere
Tues.	08	Staff & Students of Bishop Diego High School
Wed.	09	Butch Rambaud
Thurs.	10	St. Joseph's Parishioners
Thurs.	10	(Spanish) +Dante Garcia
Fri.	11	Marina Taverner
Sat.	12	+Barbara Sharp
Sun.	13	Eric Solum

September 6, 2026

Most Rev. Ramón Bejarano
Bishop of Monterey

Rev. Martel Ramos
Pastor
Pastor@SaintJosephCayucos.org

Office Hours
Monday–Thursday
10:00 AM–4:30 PM
Friday — Closed

Parish Staff
Judy Ann Cross
Business Administrator
BusinessAdmin@SaintJosephCayucos.org

Mass Schedule
Monday–Friday — 9:00 AM
Thursday — 6:30 PM (Spanish)
Saturday Vigil — 5:00 PM
Sunday — 10:00 AM

Rosary
Weekdays — 8:30 AM

Confessions
Friday after the 9:00 AM Mass
First Saturday — 4:00 PM

Adoration & Benediction
Friday after the 9:00 AM Mass

Labor Day

The parish office will be closed on Monday, September 7, in observance of Labor Day.

Commissioning of a Lector

On Saturday, September 12, John will be commissioned to serve our parish as a lector. Through this ministry, he will proclaim the readings from Sacred Scripture at Mass and help us listen more attentively to God's word.
Please join us in praying for John as he begins this service. May his example encourage us to open our hearts to the Lord and answer his call with faith and generosity.

Los Osos International Festival

The Los Osos community invites our parishioners to the 20th Annual Los Osos International Festival on Sunday, September 20, from 11:00 a.m. to 3:00 p.m. at St. Elizabeth Ann Seton Catholic Church, 2050 Palisades Avenue, Los Osos. This free community event will feature international food, children's activities, live entertainment, a Parade of Nations, and a silent auction.

Feast of the Nativity of the Blessed Virgin Mary

On Tuesday, September 8, the Church celebrates the Nativity of the Blessed Virgin Mary. Her birth prepared the way for the coming of Jesus Christ, our Savior. Please join us for Holy Mass at 9:00 AM as we honor the Mother of God and ask her to help us follow her Son faithfully.

Adoration and Benediction

Join us each Friday for Adoration immediately after the 9:00 AM Mass, followed by Benediction.
This quiet time before the Blessed Sacrament gives us an opportunity to remain with Jesus, bring Him our prayers, and rest in His presence. All are welcome.

Bible Sharing

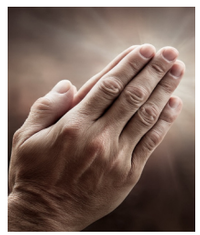
Please join us every Wednesday after the 9:00 a.m. Mass for Bible Sharing. We reflect on the readings for the following Sunday and listen to how God's Word speaks to our lives. Come and share with us, or simply listen. Everyone is welcome.

National Day of Remembrance for the Unborn

Every human life is precious. Please join us on Saturday, September 12, as we remember unborn children lost to abortion or miscarriage and pray for their parents and families.

A Memorial Mass will be celebrated from 10:00 to 11:00 a.m. at the Old Mission Catholic Cemetery Chapel, 101 Bridge Street, San Luis Obispo.

At 11:30 a.m., a Memorial Service will follow at the Monument for the Unborn in San Luis Cemetery, 2 Higuera Street. Look for the tent near the memorial stone. Parking is available in the SLO Elks Lodge lot next to the cemetery.



PLEASE PRAY FOR THE SICK AND INJURED

We are updating our parish prayer list. If you or a loved one is sick, injured, or in need of prayer, please contact the parish office so we may add the name to the list. To help us keep the list current, please also let us know when a name may be removed.

Steve Santi
Stan Piwaworski
Jim & Joanne Tobias
Innette Starkenburg
Steve Buller
Michael Shields
Camelia Cross
Carlos Cortes
Mary Moloney
Mickey Bruno
Gary & Bonnie Nelson
Butch Rambaud
Marina Taverner
Keith Hart
Teddy Planansky
Eric Solum
Glen Bennett
Bonnie Bowman
Bill Mazzacane
Editha Andres
William Baldwin
Sandy Johnson