ST. JOSEPH CATHOLIC CHURCH

360 Park Ave., Cayucos, CA, 93430 | Office: 10 a.m. to 4 p.m. Mon.-Thurs.

Mass Times : Sundays at 10 a.m. | Saturdays at 5 p.m. | Weekdays at 9 a.m.

Spanish Mass at 6:30 p.m. on Thursdays | Rosary at 8:30 a.m. on weekdays

Adoration and Confession on Fridays after 9 a.m. Mass | Reconciliation on First Saturdays at 4 p.m.

Parish Administrator: Pastor@SaintJosephCayucos.org

OfficeAdmin@SaintJosephCayucos.org **805-995-3243** **www.saintjosephcayucos.org**

May 31, 2026

Trinity Sunday

MASS INTENTIONS

Sat.	**30**	+Chet & Dolores Simolon
Sun.	**31**	+Glen & Lillian Clark
Mon.	**1**	Julia Sanchez
Tues.	**2**	Monika & Klaus Gottlieb
Wed.	**3**	Bill & Tere Simonson
Thurs.	**4**	David & Ginny Golden
Thurs.-Spa	**4**	Por todos los fieles difuntos
Fri.	**5**	St. Joseph's Parishioners
Sat.	**6**	Eric Solum
Sun.	**7**	+ Barbara Sharp

Weekly Adoration

Everyone is welcome to come for Eucharistic Adoration on Fridays after the 9 a.m. Mass.

Confession

The Sacrament of Reconciliation will be offered on Saturday, **June 6, at 4 p.m.** Psalm 51, "Be merciful, O Lord, for we have sinned."

Message from Father

This Sunday, we celebrate the Solemnity of the Most Holy Trinity. For many people, the Trinity can seem difficult to understand because we are speaking about the mystery of God Himself. Yet even though the mystery is deep, we experience signs of it in ordinary life every day.

We believe in one God in three Divine Persons: the Father, the Son, and the Holy Spirit. The Holy Trinity reminds us that God is never distant or isolated. God is love that is shared. The Father loves the Son, the Son loves the Father, and the Holy Spirit is the bond of that love. And because we are created in the image of God, we are also made to live in relationships, to care for one another, and to walk together through life.

We see this most clearly in family life. A husband and wife make sacrifices for each other and for their children. Parents continue to pray and worry about their sons and daughters no matter how old they become. Grandparents quietly hold families together with patience, prayer, and wisdom. We also see this spirit of love and unity in parish life whenever people volunteer their time, prepare meals, clean the church, help those in need, or simply take time to check on someone who may be sick or lonely.

For those who are struggling, grieving, or carrying heavy burdens, the Holy Trinity is also a reminder that God remains close to us. The Father continues to watch over us with care. The Son walks with us in suffering because He Himself carried the Cross. The Holy Spirit gives strength, comfort, and hope when we feel tired, discouraged, or uncertain about the future.

Every time we make the Sign of the Cross, proclaim this mystery of faith: "In the name of the Father, and of the Son, and of the Holy Spirit." It is a simple prayer we have known since childhood, yet it reminds us each day that we belong to God and that His presence remains with us.

As we celebrate the Most Holy Trinity, may we continue to strengthen our families, support one another in times of difficulty, and grow together as a parish community rooted in faith, love, and unity. And may everything we do lead us closer to the love of the Father, the mercy of the Son, and the guidance of the Holy Spirit**.**

Fr. Martel

Annual Ministries Appeal

The AMA supports vocations and seminarian formation as well as the Hispanic, Youth and Young Adult ministries of the diocese. **Our goal is $11,800** and we have already received **$6,950.10** with an additional **$3,400** in pledges. Please donate online using the QR code or return your donation in an envelope found in the pews. Be sure to specify our parish in Cayucos since there are other St. Joseph parishes in the diocese. Thank you.

Collections Update

All Collections (Sep. 1 - Apr. 30)	**$165,103**
Budgeted (Sep. 1 - Apr. 30))	**$129,800**
Current Difference	**$35,303**

Free Baby Supplies

Free baby supplies such as diapers and baby food are distributed after the **6:30 p.m.** Spanish Mass on **Thursday, June 4,** and monthly on first Thursdays. Please tell anyone who might be in need.

Mass Readings

May 31, 2026:

Exodus 34:4b-6, 8-9;
Daniel 3:52, 53, 54, 55 (52b);
2 Corinthians 13:11-13;
John 3:16-18

Corpus Christi

Next week will be the celebration of the Most Holy Body and Blood of Christ.
Feel free to wear white in honor of the occasion.



Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Permit me not to be separated from you.
From the wicked foe, defend me.
At the hour of my death, call me and bid me come to you.
That with your saints I may praise you forever and ever. Amen.

PLEASE PRAY FOR THE SICK AND INJURED

We are refreshing our parish sick list. Many people were on our sick list for a very long time and we were not sure if they were still in need of prayer. Please let us know if you have a loved one you would like to add to the prayer list.
OfficeAdmin@saintjosephcayucos.org or 805-995-3243.
Thank you.

Steve Santi	Mary Moloney	Eric Solum
Stan Piwowarski	Mickey Bruno	Glen Bennett
Jim & Joanne Tobias	Gary & Bonnie Nelson	Bonnie Bowman
Innette Starkenburg	Butch Rambaud	Bill Mazzacane
Steve Buller	Marina Taverner	