Everyday Catholicism

Why Do We Pray to the Saints?

Ever asked a saint to pray for you? Maybe you asked Saint Anthony to pray for your lost item or St. Joseph to pray for your family. You may be thinking, shouldn't I just pray to God? Yes, you should. When you ask a saint to pray for you, you're not turning away from God. You're asking someone who belongs to God's family to pray with you.

The book of Hebrews tells us that there is a great "cloud of witnesses" around us and to keep our eyes on Jesus (Heb 12:1–2). In Revelation it says that the elders before the Lamb have bowls full of incense, which represent the prayers of the saints (Rev 5:8). The saints in heaven are still connected to Christ's Church here on earth. Those who die in Christ remain united with Him and His Church.

From the beginning, Christians honored the martyrs, those who gave their lives for Jesus. They remembered their sacrifices and, in time, began asking for their prayers. As time went by, we began to honor others who lived their lives in an exemplary fashion. This Sunday we celebrate All Saints' Day, which honors everyone who has reached heaven, even those whose names we don't know.

The Church refers to this as the communion of saints. Saints do not take the place of Jesus or act as a buffer between us and a God that we can't reach. Jesus is our only mediator to God. Since the saints are connected to Christ, they are able to intercede for us through Christ. We worship only God and show reverence to the saints. They are God's friends and our brothers and sisters. Praying "to" a saint is simply asking them to pray for you, just like you would ask someone at Mass, except they are spending eternity with God.

You do not need to pray to a saint to pray to God. At any time you can speak to God the Father through Christ. Although the Church honors the saints in her liturgy, there is no requirement that you have a private devotion to any particular saint. We look to the lives of the saints to inspire us to live our lives as they did and trust in the Lord.

Pick a saint this week that you can relate to. Learn a little about that saint and ask them to pray for you. Then pray to Jesus to help you follow Him.

Catechism Connection: Heb 12:1–2; Rev 5:8; 1 Tim 2:5; CCC 828, 954–957.



ST. JOSEPH CATHOLIC CHURCH

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Solemnity of All Saints

Jesus said, "Rejoice and be glad, for your reward will be great in heaven."
— Matthew 5:1-12a

Mass Intentions

Sat.	31	+Dave Edmonds
Sun.	01	+Linda Pearson
Mon.	02	+Dave Edmonds
Mon.	02	(6:00 PM) All Souls in Purgatory
Tues.	03	St. Joseph's Parishioners
Wed.	04	+James R. Greene
Thurs.	05	Christopher & Cassie Harper
Thurs.	05	(Spanish) Todos los fieles difuntos
Fri.	06	+Teresa Woodman
Sat.	07	+John & Birdie Penne
Sun.	08	Glen Bennett

November 1, 2026

Most Rev. Ramón Bejarano
Bishop of Monterey

Rev. Martel Ramos
Pastor
Pastor@SaintJosephCayucos.org

Office Hours
Monday–Thursday
10:00 AM–4:30 PM
Friday — Closed

Parish Staff
Judy Ann Cross
Business Administrator
BusinessAdmin@SaintJosephCayucos.org

Mass Schedule
Monday–Friday — 9:00 AM
Thursday — 6:30 PM (Spanish)
Saturday Vigil — 5:00 PM
Sunday — 10:00 AM

Rosary
Weekdays — 8:30 AM

Confessions
Friday after the 9:00 AM Mass
First Saturday — 4:00 PM

Adoration & Benediction
Friday after the 9:00 AM Mass

Veterans Day Trumpet Concert

The SLO County Trumpet Alliance will present "Salute! A Trumpet Tribute to Veterans Day" on Sunday, November 15, at 3:00 p.m. at Saint Timothy's Catholic Church, 962 Piney Way, Morro Bay. For information, call (805) 546-3132. Admission is free, with donations accepted at the door. The Knights of Columbus of Saint Timothy present the concert to benefit Knights of Columbus Charities.

Book of Remembrance

The Book of Remembrance will remain in the sanctuary throughout November as we remember and pray for our deceased loved ones. You are welcome to add the names of your departed loved ones.

Everyday Catholicism: Read Previous Articles

Have you missed any of our weekly Everyday Catholicism articles in the parish bulletin? You can find previous articles on our parish website at www.saintjosephcayucos.org. Simply click on the Faith Formation tab. Everyday Catholicism is a weekly series that helps us better understand our Catholic faith and live it more fully in our daily lives.

Sacrament of Reconciliation (Confession)

Confessions will be available on Saturday, November 7, 2026, at 4:00 PM, the first Saturday of the month. Confessions are also available every Friday after the 9:00 AM Mass. We invite everyone to take this opportunity to encounter God's mercy and forgiveness through the Sacrament of Reconciliation.

All Souls' Day — November 2

On Monday, November 2, 2026, we will celebrate two Masses for the Commemoration of All the Faithful Departed at 9:00 AM and 6:00 PM. We encourage all parishioners to attend one or both Masses as we remember and pray for our departed loved ones and all the faithful departed. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Volunteers to Serve at Mass

Children and young people who have received First Holy Communion are encouraged to become altar servers. Young people are also invited to proclaim the Word of God as lectors. Practicing Catholics in good standing may serve as Extraordinary Ministers of Holy Communion. Training is provided for each ministry. Please contact the parish office to volunteer.

National Vocation Awareness Week

November 1st-7th 2026 we will be celebrating National Vocation Awareness Week. We are called to pray for vocations during this week. Pray for those who may feel called by the Lord to become priests or religious sisters. Pray that they have the courage to follow their vocations. If your son or daughter would like to become a priest or sister please reach out to Father Martel.



PLEASE PRAY FOR THE SICK AND INJURED

Steve Santi
Stan Piwowarski
Jim Tobias
Innette Starkenburg
Steve Buller
Michael Shields
Camelia Cross
Carlos Cortes
Mary Moloney
Mickey Bruno
Gary & Bonnie Nelson
Butch Rambaud
Marina Taverner
Keith Hart
Glen Bennett
Allen & Alba Beltrametti
Bonnie Bowman
Bill Mazzacane
Editha Andres
William Baldwin
Sandy Johnson
Don Swain
Parker Cyr
Terry Cross